



# JANUARY 2018

## BREAKFAST MENU

Chicago Heights School District 170

Adult Price \$2.25

Milk \$ .30

Students may purchase entrée items a la carte at an additional cost.

Mon	Tue	Wed	Thu	Fri
1 <b>WINTER BREAK NO SCHOOL</b>	2 <b>WINTER BREAK NO SCHOOL</b>	3 <b>WINTER BREAK NO SCHOOL</b>	4 <b>WINTER BREAK NO SCHOOL</b>	5 <b>WINTER BREAK NO SCHOOL</b>
8 Cocoa Puffs Snack Juice Strawberry Cup Milk	9 Breakfast Pizza Orange Milk	10 Cinnamon Toast Crunch Snack Juice Mixed Fruit Cup Milk	11 Blueberry Pancakes Pears Milk	12 Cinnamon Glazed Breakfast Roll Orange Juice Mixed Fruit Cup Milk
15 <b>MARTIN LUTHER KING HOLIDAY NO SCHOOL</b>	16 <b>PARENT/TEACHER CONFERENCES NO SCHOOL</b>	17 Fruit Loops Snack Juice Applesauce Cup Milk	18 Breakfast Breadstick Animal Crackers Mixed Fruit Cup Milk	19 Apple Frudel Peaches Milk
22 Cheerios Snack Juice Pears Milk	23 Mini Cinnis Graham Crackers Mixed Fruit Cup Milk	24 Lucky Charms Snack Juice Applesauce Cup Milk	25 Breakfast Pizza Cinnamon Grahams Peaches Milk	26 Strawberry Yogurt Cinnamon Breakfast Bar Banana Milk
29 Trix Snack Juice Applesauce Cup Milk	30 Cinnamon French Toast Orange Juice Pears Milk	31 Sausage, Egg & Cheese Breakfast Sliders Peaches Milk		



Chicago Heights School District 170 offers breakfast after the bell to all students from 8:15 a.m. to 8:30 a.m. each school day



Menu is subject to change based on availability and quality of food items.

This Institution is an equal opportunity provider. Esta institución es un proveedor que ofrece igualdad de oportunidades.



# JANUARY 2018

## LUNCH MENU

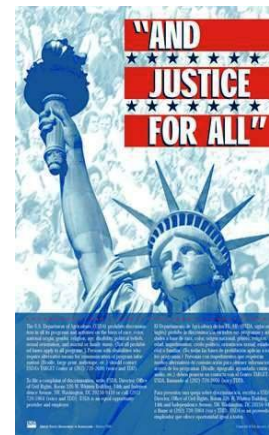
Adult Price \$3.60

Milk \$ .30

Students may purchase entrée items a la carte at an additional cost.

Chicago Heights School District 170

Mon	Tue	Wed	Thu	Fri
1 <b>WINTER BREAK NO SCHOOL</b>	2 <b>WINTER BREAK NO SCHOOL</b>	3 <b>WINTER BREAK NO SCHOOL</b>	4 <b>WINTER BREAK NO SCHOOL</b>	5 <b>WINTER BREAK NO SCHOOL</b>
8 Chicken Nuggets BBQ or Ranch Dip Peas Fruit Sherbert Milk	9 Cheeseburger Whole Grain Bun Tater Tots Ketchup Pears Milk	10 Hot Dog Whole Grain Bun Ketchup & Mustard Baked Beans Pineapples Chocolate Chip Cookie Milk	11 Nachos (Beef, Cheese & Baked Tostito Scoops) Bag of Carrots Mixed Fruit Cup Ice Cream Treat Milk	12 Chicken Pizza Quesadilla Salad Italian Dressing Applesauce Milk
15 <b>MARTIN LUTHER KING HOLIDAY NO SCHOOL</b>	16 <b>PARENT/TEACHER CONFERENCES NO SCHOOL</b>	17 Cheese Pizza Green Beans Pineapple Milk	18 Bean & Cheese Burrito Black Beans Mixed Fruit Apple Juice Milk	19 Teriyaki Chicken Vegetable Fried Rice Broccoli Florets Mandarin Oranges Milk
22 Mini Chicken Corn Dogs Ketchup Baked Beans Pears Cookie Milk	23 Sloppy Joe Whole Grain Bun Sweet Potato Fries Peaches Milk	24 Cheese Lasagna Marinara Sauce Salad Italian Dressing Garlic Bread Mixed Fruit Cup Milk	25 Chicken Nuggets BBQ or Ranch Dip Corn Applesauce Milk	26 Fish Sandwich Whole Grain Bun Tartar Sauce Mac & Cheese Celery Sticks Apple Juice Milk
29 Pepperoni Pizza Salad Ranch Dressing Pineapple Cookie Milk	30 Grilled Cheese Tomato Soup Apple Slices Fruitables Juice Milk	31 Baked Chicken Mashed Potatoes Gravy Dinner Roll Peaches Milk		



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